

Name of meeting: Cabinet

Date: 13<sup>th</sup> July 2020

Title of report: Colne Valley Place Partnership -

mental health initiatives - Summer 2020

# **Purpose of report:**

• To consider allocating a sum of funding from the Place Partnership mental health themed budget towards support and help for families who live in the Colne Valley Place Partnership area over Summer 2020.

| Key Decision - Is it likely to result in spending or saving £250k or more, or to have a significant effect on two or more electoral wards? | No If yes give the reason why NA   |
|--|--|
| Key Decision - Is it in the Council's Forward Plan (key decisions and private reports)?  | Key Decision – No This is only applicable to Cabinet reports  Private Report/Private Appendix – No |
| The Decision - Is it eligible for call in by Scrutiny?   | Yes  |
| Date signed off by <u>Strategic Director</u> & name  | Rachel Spencer-Henshall - 02.07.20   |
| Is it also signed off by the Service Director for Finance?   | Eamonn Croston - 30.06.20  |
| Is it also signed off by the Service Director for Legal Governance and Commissioning?  | Julie Muscroft - 01.07.20  |
| Cabinet member portfolio   | Give name of Portfolio Holder/s Cllr Cathy Scott, Housing and Democracy                            |

Electoral wards affected: Colne Valley, Golcar and Lindley

# Ward councillors consulted:

Councillors Donna Bellamy, Rob Walker, Lesley Warner, Christine Iredale, Andrew Marchington, Richard Murgatroyd, Cahal Burke, Richard Eastwood and Anthony Smith

Public or private: Public

Has GDPR been considered? Yes

# 1. Summary

A budget of £1m in total has been allocated by the Council to the 7 Place Partnerships in Kirklees for mental health and well- being initiatives that build local community capacity and resilience.

Councillors in the Colne Valley Place Partnership led by Cllr Rob Walker (Colne Valley, Golcar and Lindley wards) are focusing their mental health theme work on children, young people, parents and carers based on initial local profile data and information; a higher proportion of young people reported low happiness and worry most days (year 9 schools' survey).

There is clear evidence that a range of prevention activities promote good mental health and reduce some of the impacts of poor mental health.

Local engagement was undertaken by ward councillors in January and February 2020 with schools, GPs, community organisations & front-line services, who shared challenges experienced by local families in accessing early information and support.

Anecdotal information gleaned by ward councillors from local communities and services is that since the covid 19 lockdown there has been an increase in the need for early intervention and support among families in this area.

This proposal focuses on short- term early intervention and support for the Summer holiday period in the three wards. It complements the Healthy Holiday programme for the area. It is additional to the support currently on offer to schools in Golcar and Lindley wards through the Council's Trailblazer programme. And to the online "back to school" workshops that are available from Northorpe Hall to any young people and parent carers in Kirklees.

It meets the partnership's agreed outcomes to improve early intervention and prevention support and resources for local families, to link that support with the wider Kirklees offer and to build up knowledge and understanding of the local picture among communities, services and partners.

Further proposals will come forward to meet these outcomes for delivery from September 2020.

# 2. Information required to take a decision

This proposal is made up of the following two elements across the 3 wards of Colne Valley, Golcar and Lindley:

# 1) Timestep Community Dance exercise and well-being provision (Luke's Lads/ Butterflies) - £8.400

For the seven week period three sessions per week for young men aged 11-15, three session per week for young women aged 11-15, one weekly session for young men aged 16-19 and one weekly session for young women aged 16-19. Individuals being able to access one appropriate session a week. Group therapy sessions with mental health first aiders and ASSIST trained professionals, allowing for appropriate sign posting to take place. Sessions will comply with covid 19 physical distancing rules. The cost for the eight sessions is £5,600. An extra four sessions per week over the seven weeks is sought if there is extra demand at £2,800. The total amount requested is £8,400. Places will be offered to residents in the place partnership area via the three high schools in the first instance, and subject to space then offered to year 6 pupils. Evaluation information will be requested as part of the contract and will be used to plan next steps.

# 2) The Ladder Group - counselling provision based at UCHM (United Church Healing Ministries), Milnsbridge - £19,200

For an eight week period 30 one- one sessions per week for young people 11-19 years based on a cost of £80 per session. Assuming 8-10 sessions per person including room hire at £20 per hour. (Average number of sessions offered by the NHS is 6 per person). Evaluation information will be requested as part of the contract and will be used to plan next steps. Between 20 and 30 young people have been identified by the three high schools who would benefit from this approach. At the end of the sessions young people will, if necessary be referred to further support.

# 3. Implications for the Council

# Working with People

Local community organisations and residents have contributed their experiences during the conversations with ward councillors in January/ February 2020. Their experiences have informed the agreed outcomes and priorities, and the proposals put forward.

# Working with Partners

The place partnership has worked collaboratively with the three school hubs for the place partnership area. Emotional health and well-being are a priority and there have been ongoing discussions including at the hub meetings. Representatives on the school hubs include local GPs, frontline staff in services, community organisations and ward councillors. There has been a discussion at the Lindley Ward Partnership meeting which includes ward councillors, community organisations, residents and staff from front line services.

#### Place Based Working

This work has involved starting with mental health profile information specific to the Colne Valley place partnership area, engaging all nine councillors and undertaking local discussions with communities, services and partners to reach a shared understanding of the information, needs and opportunities.

# Climate Change and Air Quality

No change

#### • Improving outcomes for children

Impact on priority "children will have the best start in life."

#### Other (eq Legal/Financial or Human Resources)

The legal power for grants is section 1 of the Localism Act 2011 (general Power of Competence). Also the council must when providing grants comply with Financial Procedure Rules contained in the Council's Constitution and in particular FPR 20.7 to 20.13.

## Do you need an Integrated Impact Assessment (IIA)?

Yes around impact of poverty on access to the provision (14% of children and young people in the Colne Place Partnership area live in poverty).

## 4. Consultees and their opinions

Conversations between ward councillors, front line services, schools, GPs, community organisations and residents informed the desired outcomes and priorities for improving mental health and well-being among children and families. All the nine ward councillors and the three high schools in the place partnership area have been consulted on the specific proposals in this report and these proposals are welcomed.

Stewart Horn, Head of Joint Commissioning (Children and Families) supports this proposal provided it is run as a pilot to inform future provision, it is monitored, and the schools are confident at what point to refer in individuals.

Martin Dearnley, Head of Risk Corporate and Corporate Procurement and Commissioning have advised on the approach to take when commissioning activity with the place partnership funding.

# 5. Next steps and timelines

The proposed initiatives will be commissioned, the school hub co-ordinators will work with the mental health and well-being leads in the schools in the place partnership area to identify the children and young people who would benefit from it. The evaluation will inform development of medium to long term proposals to build mental health and well-being capacity in the place partnership area working with local services, partners and communities which link in with the Kirklees wide offer.

#### 6. Officer recommendations and reasons

The Cabinet is asked to approve funding from the Place Partnership mental health theme allocation for children and young people in the Colne Valley Place Partnership during Summer 2020:-

£8,400 for the provision of Timestep Community Dance Provision (Luke's Lads/ Butterflies) and

£19,200 for the provision of The Ladder Group counselling provision based at United Church Healing Ministries, Milnsbridge

Total amount sought £27,600

Reasons for recommendation – to meet the partnership's agreed outcomes to improve early intervention and prevention support and resources for local families based on the needs identified, to link that support with the wider Kirklees offer and to build up knowledge and understanding of the local picture among communities, services and partners.

## 7. Cabinet Portfolio Holder's recommendations

The Cabinet Portfolio Holder recommends that Cabinet approve funding from the Place Partnership mental health theme allocation for children and young people in the Colne Valley Place Partnership during Summer 2020:-

£8,400 for the provision of Timestep Community Dance Provision (Luke's Lads/Butterflies) and

£19,200 for the provision of The Ladder Group counselling provision based at United Church Healing Ministries, Milnsbridge

Total amount sought £27,600

Reasons for recommendation – to meet the partnership's agreed outcomes to improve early intervention and prevention support and resources for local families based on the needs identified, to link that support with the wider Kirklees offer and to build up knowledge and understanding of the local picture among communities, services and partners.

## 8. Contact officer

Luc Bride, Active Citizens & Places Officer, email <a href="mailto:luc.bride@kirklees.gov.uk">luc.bride@kirklees.gov.uk</a> Tel 01484 221000 Julie McDowell, Active Citizens & Places Officer, email <a href="mailto:julie.mcdowell@kirklees.gov.uk">julie.mcdowell@kirklees.gov.uk</a> Tel 01484 221000

# 9. Background Papers and History of Decisions

Annual Council 22<sup>nd</sup> May 2019 – item 7 Ward and Place Partnerships – establishment of place partnerships

## 10. Service Director responsible

Rachel Spencer- Henshall, Strategic Director Corporate Strategy, Commissioning & Public Health, email <a href="mailto:rachel.spencer-henshall@kirklees.gov.uk">rachel.spencer-henshall@kirklees.gov.uk</a>